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1. An energy-trap thickness extensional vibration mode piezoelectric resonator, comprising:

a piezoelectric body including a plurality of piezoelectric layers and uniformly polarized in a thickness direction thereof; and

N number of internal electrodes, where N equals 3, 4 or 5, arranged in the piezoelectric body on top of each other with the piezoelectric layers disposed therebetween; wherein

the piezoelectric body vibrates in an (N-1)th higher-order mode of a thickness extensional vibration mode generated by applying electric fields of opposite polarity alternately in the direction of thickness to piezoelectric layers between internal electrodes, and when the thickness of a piezoelectric layer between adjacent internal electrodes in the direction of thickness is denoted by D and the thicknesses of a first and second piezoelectric layer outside the outermost internal electrodes in the direction of thickness are denoted by  $D_1$  and  $D_2$ , the following relationships are satisfied:  $0.50 \leq (D_1 + D_2)/2D \leq 0.90$  at  $N = 3$  and 4, and  $0.50 \leq (D_1 + D_2)/2D \leq 0.80$  at  $N = 5$ .

5. An energy-trap thickness extensional vibration mode piezoelectric resonator, the piezoelectric resonator comprising:

a piezoelectric body including a plurality of piezoelectric layers; and

N number of internal electrodes, wherein N equals 3, 4 or 5, disposed in the piezoelectric body and stacked on each other with the piezoelectric layers disposed therebetween; wherein

the piezoelectric body vibrates in an (N-1)th higher-order mode of a thickness extensional vibration mode and piezoelectric layers located between the internal electrodes are polarized in opposite direction alternately in the direction of thickness, and when the thickness of a piezoelectric layer between adjacent internal electrodes in the direction of thickness is denoted by D and the thicknesses of a first and second piezoelectric layer outside the outermost internal electrodes in the direction of thickness

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are denoted by  $D_1$  and  $D_2$ , the following relationships are satisfied:  $0.60 \leq (D_1 + D_2)/2D \leq 0.90$  at  $N = 3$ ,  $0.65 \leq (D_1 + D_2)/2D \leq 0.90$  at  $N = 4$ , and  $0.60 \leq (D_1 + D_2)/2D \leq 0.80$  at  $N = 5$ .

7. An energy-trap thickness extensional vibration mode piezoelectric resonator, comprising:

a piezoelectric body including a plurality of piezoelectric layers; and

$N$  number of internal electrodes, wherein  $N$  equals 3, 4 or 5, disposed in the piezoelectric body and stacked on each other with the piezoelectric layers disposed therebetween; wherein

the piezoelectric body vibrates in an  $(N-1)$ th higher-order mode of a thickness extensional vibration mode and piezoelectric layers located between the internal electrodes are polarized in opposite direction alternately in the direction of thickness, and when the thickness of a piezoelectric layer between adjacent internal electrodes in the direction of thickness is denoted by  $D$  and the thicknesses of a first and second piezoelectric layer outside the outermost internal electrodes in the direction of thickness are denoted by  $D_1$  and  $D_2$ , the following relationships are satisfied:  $0.10 \leq (D_1 + D_2)/2D \leq 0.90$  at  $N = 3$ ,  $0.10 \leq (D_1 + D_2)/2D \leq 0.90$  at  $N = 4$ , and  $0.10 \leq (D_1 + D_2)/2D \leq 0.80$  at  $N = 5$ .